

TWELVE STEPS PRAYERS & BIBLE VERSES

TWELVE STEP PRAYERS

The 12-Steps were originally given by a Christian pastor to two struggling Christians so they would understand true Christianity. The pastor knew the power of Christ and the need for everyone to have Christ in their life. We don't just study these steps but make them our foundation for our Christian life. If every Christian were to daily incorporate the 12-Steps into their lives, we would have mass revival.

Steps 1 to 3: Coming to God (repeated every morning)

Steps 4 to 9: Cleaning up our past & learning from our past

Steps 10 to 12: Walking daily with Jesus

1. We admitted we were powerless over our addictions, dysfunctions, and compulsive behaviors – that our lives had become unmanageable. (Genesis 6:5)
[Psalm 6:2-4; 6:6-7; 18:6; 18:27; 69:33; 72:12-13; 102:1; Matthew 9:36;
Romans 3:10,23; 6:23; James 2:10]

STEP 1 PRAYER (from the heart!!): Father God, I come to You as Your child. Here I am. I now admit that I have tried to run my own life and my addictions and dysfunctions have taken control of me. I am powerless. Lord I no longer can manage my own life. Thank You Lord that I can now begin to do things Your way. In Jesus' Name I pray. Amen.

2. Came to believe that God, a Power greater than ourselves, could restore us to sanity and stability. (Mark 9:23-24)

[Exodus 14:14; Psalm 18:1-3; Matt. 9:12-13; John 3:3-6; 14-18; 10:37-39; 2 Cor.5:21]

STEP 2 PRAYER (from the heart!!): Father God, thank You that I can come to You because I believe Jesus shed His blood for me on the cross and rose from the dead. Thank You Jesus that You showed that You love me by shedding Your blood on the cross for my sin and by rising from the dead to give me new life. I confess that I have run my own life and that I have not fully allowed You to take control of my life. Lord Jesus, forgive me. I know that I am now forgiven because I trust in Your Word that says, "If we confess our sins He is faithful and just and will forgive our sins and cleanse us from all unrighteousness." Lord, the only sane and stable person in the world is You. I am not stable or sane but YOU are!! Jesus will You now come into my heart and be my Savior, my Lord, my Sanity, and my Life!! Lord Jesus will You now come into not only my heart but my mind, my will, my emotions, and every part of my body. Remove anything that is not of You and fill my spirit, soul, and body with You. I believe You are filling all of me right now and I thank You. Now, Jesus teach me to walk with You in Your Spirit and allow You to fill me constantly. Jesus, be my All and in All! Thank You Jesus!! I am now sane, stable, complete, loved, anointed, and filled with You. In Jesus' Name I pray. Amen.

3. Made a decision to turn our will and our lives over to the care of God. (Rom.5:1-2)

[Psalm 91:1-4; Matt.11:28-30; John 5:24; Romans 5:17; 8:1; 10:9-13; 1 Peter 1:3-5]

STEP 3 PRAYER (from the heart!!): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. I now know how much You love me. You have bought me with a price – the precious blood of Jesus!! I am now Yours. I give You my life. I turn my will and my life over to You. May my life now be, “Not my will but Yours be done.” Take control of my life and my will. I put my trust in You. I believe You can do miracles in my life and use me for Your glory. Now Father come and fill my spirit, my mind, my will, my emotions, and my body with Your precious Holy Spirit. I believe You are. In Jesus’ Name I pray. Amen.

4. Made a searching and fearless inventory of ourselves. (Proverbs 16:2-3)

[Psalm 66:18; 90:8; Prov.16:2-3; Luke 11:33-36; Rom.8:5-9; Gal.5:13-21; Eph.5:22-23]

STEP 4 PRAYER: Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. I now want to learn from my past and get healed of my past. Jesus, I wish to put my faith in the power of Your blood and continue my journey of having forgiveness and healing from my past. Come now Lord Jesus and fill me with Your Holy Spirit. Give me the power to search my heart and make a fearless inventory of myself. I trust You for this. Show me if it is to be a “list” or a “chronological” writing of my life. I trust Your power to help me. Your word says that I have the mind of Christ. I believe You will help me. In Jesus’ Name I pray.

5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs. (James 5:16)

[Psa.32:3-5; 38:17-18; 40:11-13; 51:3-4; Luke 15:4-7; John 3:19-21; 1 Joh 1:8-10; 2:1-2]

STEP 5 PRAYER (from the heart!!): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. I am ready to become totally honest before You, another human being, and myself. I believe this step will go a long ways in healing me and delivering me from my past. I know You have the right person for me and I know that You Lord never condemn me but love me and accept me unconditionally. Give me Your Power to go through this step and continue to allow You to set me free. In Jesus’ Name I pray. Amen.

6. Were entirely ready to have God remove all these defects of character.

(1 Peter 1:13-16) [Psa.4:4-5; 16:7-11; 32:9-11; 139:23-24; Matt.7:24-27; Acts 3:19; Rom.12:1-2; Gal. 5:16-17]

STEP 6 PRAYER (from the heart): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. Lord, You gave me the power to do my 5th Step and You were amazing!! Now Lord, I have seen the many defects I have as a human being. I have seen who I am when I don't walk with You. Lord, I can see the defects of character I have (pride, selfishness, lust, self-righteousness, blame, hatred, anger, fear, etc.). Lord, I believe as I repent of these that You can remove some of them instantly and some of them throughout my life as I humble myself before You. I now come before You and ask You to help me to become entirely ready to have You remove all these defects of character. In Jesus' Name I pray.

DEFECTS OF CHARACTER or SHORTCOMINGS (underline the ones you struggle with)

Resentment, Anger, Rage, Hatred, Blame, Depression, Worry, Fear (Fear of man, Fear of authority figures, Phobias, Fear of intimacy, Fear of _____), People pleasing, Selfishness, Self-pity, Self-justification, Self-importance, Egotism, Self-condemnation, Guilt, Shame, Lying, Evasiveness, Dishonesty, Impatience, False pride, Phoniness, Denial, Jealousy, Envy, Codependency, Passive Aggressive, Laziness, Procrastination, Insincerity, Negative thinking, Immoral thinking, Lust, Self-gratification, Perfectionism, Intolerance, Criticizing, Loose Talk, Gossip, Slander, Greed, Poor Boundaries (too loose/too rigid), Pride, Gluttony, Control, Playing God, Man-hater, Woman-hater, Womanizing, Addictions (sex, anger, rage, alcohol, drugs, food, tobacco, emotions, etc.).

Others: _____, _____, _____, _____, etc.

7. Humbly asked Him to remove our shortcomings. (Psalm 34:4)

[Psa.10:17; 25:8-11; 32:1; 37:23-24; 51:10; Acts 3:19; Heb.12:5-11; 1 John 1:9; 5:14-15]

STEP 7 PRAYER (from the heart!!): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. I now come before You and humbly ask You to remove all my defects of character. I start with my pride. Father God will You now come into my heart, remove my pride, and fill me with YOUR humility. Jesus You humbled Yourself even unto death – death on the cross. Come now and removed my pride and fill me with Your humility. In Jesus' Name I pray. Amen. (See Step 6 prayer slide - do each shortcoming separately).

8. Made a list of all persons we had harmed, and became willing to make amends to them all. (Rom.2:1)

[Psa.133; Prov.10:12; 14:1; Matt. 6:14-15; Luke 6:37-38; Rom. 12:17; 1 Cor.13]

STEP 8 PRAYER (from the heart!!): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. I now come before You desiring to make things right with You and my fellow men and women. Lord, I have hurt people and I know that hurts You. Help me to make a list of everyone I have harmed. Now Lord will You help me to become willing – willing to make amends to them all. In Jesus' Name I pray. Amen.

9. Made direct amends to such people wherever possible,

except when to do so would injure them or others. (Matthew 5:23-24)

[Psa.51:14-17; 90:17; Prov.12:18-20; Matt.7:12; Luke 6:27-30; Phil.1:9-11; 1 Pet.1:22]

STEP 9 PRAYER (from the heart!!): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. I am sensing You are leading me to go talk to _____ and make amends. I know I don't have to worry about how they respond. I am doing this for You and for myself. Now Lord, give me the power and the words to say. Lord, show me people who I should not go see if it will injure them or harm others. In Jesus' Name I pray. Amen.

10. Continued to take personal inventory

and when we were wrong promptly admitted it. (Romans 12:3)

[Psa.24:3-5; 101:2-4; Matt.5:8; Luke 6:41-42; Rom.12:16; 16:19-20; Gal.4:9; Col.3:1-3]

STEP 10 PRAYER (from the heart!!): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. Lord, I know if I don't keep my life clean before You that I can fall back into my old way of life. Father I have learned so much from Steps 5-7 and I wish to walk daily in Your power and Holy Spirit. Give me power to daily watch my life, actions, and words. Help me to take a daily personal inventory of myself and when I'm wrong to promptly admit it. In Jesus' Name I pray. Amen.

11. Sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and the power to carry that out. (Philippians 4:6-7)

[Psa.1:1-3; Prov.3:5-6; Matt.5:6; Luke 6:20-26; John 3:30; John 8:31-32; 2 Cor.5:14-15]

STEP 11 PRAYER (from the heart!!): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. I wish to know You more and grow in You more. Teach me to pray daily and to meditate on Your Word so I can know You and Your will for my life. Lord as You reveal Your will for me please give me Your Power to carry it out. In Jesus' Name.

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs. (Matt.5:16)

[Psa.96:1-2; Mark 5:18-20; Luke 12:35-40; John 4:34-36; 16:33; Rom.1:14-17; 2 Cor.5:18-20]

STEP 12 PRAYER (from the heart!!): Father God, I come to You through faith in the shed blood of Jesus on the cross and through faith in His resurrection. Father, You have been so gracious to me. Thank You for what You have done in my life. I am grateful and thankful!! Father, we have become united and I have learned so much. Father, will You send people into my life that I can share what I was like and what You've done in my life. People I can take to a Bible Study or a meeting. Help me to remain humble. Now Father, will You help me to practice the 12-Steps in my life. In Jesus' Name I pray.

To become a Child of God, pray the following prayer (from the heart):

"Lord Jesus, I agree with Your Word and know I am a sinner and have displeased You in many ways. I believe You died for my sin, and only through faith in Your shed blood shed on the cross can I be forgiven.

I also know that only through faith in Your resurrection can I have eternal life in You. I repent and turn from my sin and ask You to come into my heart and life as my Savior and Lord. From this day on, I will follow You by living a life that pleases You through the Power of Your Holy Spirit. Jesus fill me with Your Holy Spirit in my spirit, mind, will, emotions, and body. Thank you, Lord Jesus, for saving me and filling me with Your Holy Spirit. You are so good!! In Jesus' Name I pray.

Jesus Loves you!!

Jesus now lives in your heart.

Talk to Jesus in your heart by faith!!

Jesus will never leave you or forsake you.

You can talk with Jesus thru Bible reading & prayer!!

God is with you!!

EMOTION WORDS (words to help get in touch with your feelings)

joyful, cheerful, content, proud, satisfied, excited, amused, enthusiastic, optimistic, elated, delighted, calm, relaxed, relieved, hopeful, pleased, confident, brave, comfortable, safe, happy, love, lust, aroused, sexy, tender, compassionate, caring, infatuated, concern, trust, liking, attraction, tenderness, sympathy, adoration, fondness, receptive, interested, exhilarated.

shocked, dismayed, amazed, confused, stunned, interested, intrigued, absorbed, curious, anticipating, eager, hesitant, fearful, anxious, worried, scared, insecure, rejected, horrified, alarmed, shocked, panicked, afraid, nervous, disorientated, helpless, powerless, dreading, distrusting, suspicious, cautious, disturbed, overwhelmed, uncomfortable, guilty, hurt, lonely, melancholy, depressed, hopeless, sad, guilty, hurt, lonely, regretful, sorrow, uncertain, anguished, disappointed, self-conscious, shamed, embarrassed, humiliated, disgraced, uncomfortable, neglected, defeated, bored, disillusioned, inferior, confused, grief-stricken, helpless, isolated, numb, regretful, ambivalent, exhausted, insecure, disgusted, pity, revulsion, contempt, weary, bored, preoccupied, angry, jealous, envious, annoyed, humiliated, irritated, aggravated, restless, grumpy, awkward, exasperated, frustrated, rageful, outraged, hostile, bitter, hateful, scornful, spiteful, vengeful, disliked, resentful, trusting, alienated, bitter, insulted, indifferent.

EXTENDING (GIVING) FORGIVENESS:

Father, I come to You through the Blood of Jesus. Thank You for Your love and forgiveness in my life. Lord, when (tell what happened and how you felt). Lord, you ask me to forgive (the person's name). So Lord as an act of obedience I forgive (the person's name). Lord, what they did was wrong – it was sin. But I choose to forgive the sinner. I want them to be set free so I give them to You. I release them and lay them at the foot of the Cross of Jesus Christ. Now, come and remove the pain from my life. Remove the feelings of (bitterness, anger, resentment, etc.). Forgive me for what I have held in my heart for all these years. Thank You for Your forgiveness.

Now Lord, I ask you to bless (the person's name). To work in their life and guide them. Thank You for this time of healing today. Lord, I love You and ask You for Your power to continue to forgive. I know forgiveness is a choice and not a feeling. I also know that forgiveness sets ME free. I love you Jesus. In Jesus' name I pray. Amen

ASKING FORGIVENESS:

Father, I come to You through the Blood of Jesus. Thank You for Your love and forgiveness in my life. Lord, when (tell what you did and how you felt then and now). Lord, I ask You to forgive me for my (selfishness, deceit, dishonesty, etc.). I ask You to now come and work in that person's life in a mighty way. Open up the doors for Your love, healing, and forgiveness in their life. I am truly sorry. Lord, when the time is right and appropriate, give me the wisdom and power to make this right with this person. I thank You Lord for Your forgiveness and Your shed blood at the Cross of Calvary. You are an amazing God. Now, come and fill me with Your Holy Spirit so I can serve You in Your Power and Grace. In Jesus' name I pray. Amen.

THE TWELVE STEPS SIMPLIFIED

THE TWELVE STEPS

1. I can't
2. God can
3. Let God
4. Look within
5. Admit wrongs
6. Ready self for change
7. Seek God's help
8. Become willing
9. Make amends
10. Daily inventory
11. Pray and meditate
12. Give it away

53 Blessings After Believing On Jesus Christ

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When a Man, woman, child, believes on the Lord Jesus Christ as their personal Savior the following Fifty-three blessings are theirs instantly, regardless of their knowledge about them. The new Believer will not be aware of many of these things until gaining some spiritual maturity and growth in the word of God. But as they grow they will “enter in”.

1) Access to God's Grace.

(Eph.2:8) For by grace are ye saved through faith;
and that not of yourselves: it is the gift of God:

(Eph.2:18) For through him we both have access by one Spirit unto the Father.

2) We are adopted by God.

(Ephesians 1:5) Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, (Galatians 4:5) To redeem them that were under the law, that we might receive the adoption of sons.

3) We get an Inheritance.

(Eph.1:11) In whom also we have obtained an inheritance,
being predestinated according to the purpose of him
who worketh all things after the counsel of his own will:

4) We are elected (saved).

(1 Peter 1:2) Elect according to the foreknowledge of God the Father,
through sanctification of the Spirit, unto obedience and sprinkling
of the blood of Jesus Christ: Grace unto you, and peace, be multiplied.

5) We become a child of God.

(John 1:12) But as many as received him, to them gave he power
to become the sons of God, even to them that believe on his name:

6) We get a heavenly citizenship.

(2 Timothy 4:18) And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom: to whom be glory for ever and ever. Amen.

7) We become a servant.

(Romans 6:22) But now being made free from sin, and become servants to God, ye have your fruit unto holiness, and the end everlasting life.

8) We are heirs of God, joint heirs with Jesus.

(Romans 8:17) And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.

(Galatians 3:29) And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise.

9) We become a new creature.

(2 Cor.5:17) Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

(Galatians 6:15) For in Christ Jesus neither circumcision availeth any thing, nor uncircumcision, but a new creature.

10) We become priests.

(1 Peter 2:9) But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should show forth the praises of him who hath called you out of darkness into his marvellous light:

(Revelation 1:6) And hath made us kings and priests unto God and his Father; to him be glory and dominion for ever and ever. Amen.

11) We are reconciled to God.

(Romans 5:10) For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be saved by his life.

12) We are Sanctified.

(1 Cor.6:11) And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God.

13) We are accepted in the Beloved.

(Ephesians 1:6) To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

14) We are Baptized into the body of Christ.

(1 Cor.12:13) For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit.

15) We are buried with him.

(Romans 6:4) Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.

16) We have put on Christ.

(Gal.3:27) For as many of you as have been baptized into Christ have put on Christ.

17) We have eternal life.

(John 10:28) And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.

18) We have peace with God.

(John 14:27) Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

19) We became a friend of God.

(John 15:15) Henceforth I call you not servants;
for the servant knoweth not what his lord doeth: but I have called you friends;
for all things that I have heard of my Father I have made known unto you.

20) We get in the Lamb's book of life.

(Revelation 21:27) And there shall in no wise enter into it any thing that defileth,
neither whatsoever worketh abomination, or maketh a lie:
but they which are written in the Lamb's book of life.

21) We receive imputed righteousness.

(Rom.4:6) Even as David also describeth the blessedness of the man,
unto whom God imputeth righteousness without works,

22) Our names are written in heaven.

(Luke 10:20) Notwithstanding in this rejoice not, that the spirits are subject unto you;
but rather rejoice, because your names are written in heaven.

23) We are given a blessed hope of Christ's returning.

(Titus 2:13) Looking for that blessed hope,
and the glorious appearing of the great God and our Saviour Jesus Christ;

24) We are seated in heavenly places.

(Ephesians 2:6) And hath raised us up together,
and made us sit together in heavenly places in Christ Jesus:

25) We have fellowship with the trinity.

(1 John 1:3) That which we have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowship is with the Father, and with his Son Jesus Christ.

(Philippians 2:1) If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies,

26) We have a mansion in heaven.

(John 14:2) In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you.

27) We are born again with a spiritual re-birth.

(John 3:3-6) Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God. Nicodemus saith unto him, How can a man be born when he is old? can he enter the second time into his mother's womb, and be born? Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

28) We have received an anointing.

(1 John 2:27) But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him

29) The Holy Spirit will live with us now and forever.

(John 14:16) And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

30) We've been sealed by the Holy Spirit unto the day of redemption.

(Ephesians 4:30) And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption.

31) Our bodies become the temple of the Holy Ghost.

(1 Corinthians 6:19) What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

32) We are forever forgiven.

(Luke 7:48) And he said unto her, Thy sins are forgiven.

(1 John 2:12) I write unto you, little children, because your sins are forgiven you for his name's sake.

33) We are justified in God's sight.

(Romans 5:1) Therefore being justified by faith, we have peace with God through our Lord Jesus Christ:

34) We are redeemed.

(Rev. 5:9) And they sung a new song, saying, Thou art worthy to take the book, and to open the seals thereof: for thou wast slain, and hast redeemed us to God by thy blood out of every kindred, and tongue, and people, and nation

35) Indwelt by the Holy Spirit.

(Rom. 8:9) But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

36) We have an advocate with Christ.

(1 John 2:1) My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous:

37) We now have the possibility to have victory over sin.

(Romans 6:14) For sin shall not have dominion over you: for ye are not under the law, but under grace.

38) We become Christ's ambassadors.

(2 Cor. 5:20) Now then we are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled to God.

39) We are blessed with spiritual blessings.

(Ephesians 1:3) Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessing in heavenly places in Christ:

40) Our every need will be supplied by God.

(Phil.4:19) But my God shall supply all your need according to his riches in glory by Christ Jesus.

41) Given an inner strength to accomplish necessary things.

(Philippians 4:13) I can do all things through Christ which strengtheneth me.

42) A good work has been done in us.

(Philippians 1:6) Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:

43) The Lord becomes our helper instead of our judge.

(Hebrews 13:6) So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

44) We get abounding grace.

(2 Corinthians 9:8) And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

45) We get eternal love.

(Romans 8:38-39) For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

46) Every thing that happens to us will be for our own good.

(Rom.8:28) And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

47) A promised faithfulness regardless of our faithlessness.

(2 Timothy 2:13) If we believe not, yet he abideth faithful: he cannot deny himself

48) A promise given to be able to resist temptation.

(1 Cor.10:13) There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

49) We are made kings.

(Revelation 1:6) And hath made us kings and priests unto God and his Father; to him be glory and dominion for ever and ever. Amen.

50) We became saints.

(1 Corinthians 1:2) Unto the church of God which is at Corinth, to them that are sanctified in Christ Jesus, called to be saints, with all that in every place call upon the name of Jesus Christ our Lord, both theirs and ours:

51) We have been delivered from the power of darkness.

(Col. 1:12-13) Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light: Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son:

52) Our hearts are unblamable.

(1 Thess 3:13) To the end he may stablish your hearts unblameable in holiness before God, even our Father, at the coming of our Lord Jesus Christ with all his saints.

53) We get the power of a sound mind.

(2 Timothy 1:7) For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

MORE BLESSINGS

A Prayer For A Person's Salvation

Dear Heavenly Father, I bring my (sons and/or daughters) before You. I stand against the blinding of Satan that would keep them from believing and seeing the light of the gospel of the glory of Christ (2 Corinthians 4:4). I take the authority that is mine because of my position in Christ, and I exercise that authority over Satan in regards to my family and all that You have entrusted to me, Heavenly Father. In the name of Jesus, I take authority over speculation and every lofty thing raised up against the knowledge of God in the minds of my children (2 Corinthians 10:5). I tear down those strongholds and bring their minds into captivity in order to obey Christ. By the authority that I have in Christ and in obedience to the great commission to make disciples, I command Satan to release the minds of my children so that they may obey God. I declare myself and all that You have entrusted to me to be eternally signed over to the Lord Jesus Christ. Based on Your Word according to 1 John 5:16, I am asking You to give spiritual life to my (sons and/or daughters). I pray that You would enable me to be the kind of parent that You want me to be. May I never be the kind of parent that would be a stumbling block to my children. Enable me to be a positive witness and a living epistle for all those who don't know You. I ask this in the name and authority of the Lord Jesus Christ. Amen.

WHERE TO FIND HELP WHEN..... (part 1)

AFRAID	Psalm 34:4; Matt.10:28; 2 Tim.1:7; Heb.13:5-6
ANXIOUS	Psalm 46; Matt. 6:19-34; Phil.4:6; 1 Peter 5:6-7
BACKSLIDING	Psalm 51; 1 John 1:4-9
BEREAVED	Matthew 5:4; 2 Corinthians 1:3-4
BITTER/CRITICAL	1 Corinthians 13
CONSCIOUS OF SIN	Proverbs 28:13
DEFEATED	Romans 8:31-39
DEPRESSED	Psalm 34
DISASTER	Psalm 91; 118:5-6; Luke 8:22-25
DISCOURAGED	Psa.42:6-11; 55:22; Matt.5:11-12; 2 Cor. 4:17; Phil.4:6-7
DOUBTING	Matthew 8:26; Hebrews 11
FACING A CRISIS	Psalm 121; Matthew 6;25-34; Hebrews 4:16
FAITH FALLS	Psalm 42:5; Hebrews 11
FRIENDS FAIL	Psa.41:9-13; Luke 17:3-4; Rom.12:14-21; 2 Tim.4:16-18
GOD'S PROTECTION	Psalm 27:1-6; Psalm 91; Philippians 4:19
GUIDANCE	Psalm 32:8; Proverbs 3:5-6

WHERE TO FIND HELP WHEN..... (part 2)

LEAVING HOME	Psalm 121; Matthew 10:16-20
LONELY	Psalm 23; Hebrews 13:5-6
OVERCOME	Psalm 6; Romans 8:31-39; Romans 5:1-5; 1 John 1:4-9
PEACE	John 14:1-4; John 16:33; Rom.5:1-5; Phil. 4:6-7
PRAYERFUL	Psa.4; Psalm 42; Luke 11:1-13; John 17; 1 John 5:14-15
PROTECTED	Psalm 18:1-3; Psalm 34:7
RULES FOR LIVING	Romans 12
SICK or in PAIN	Psalm 38; Matt. 26:39; Romans 5:3-5; 2 Cor.12:9-10
SORROWFUL	Psa.51; Matt. 5:4; John 14; 2Cor. 1:3-4; 1 Thess.4:13-18
TEMPTED	Psalm 1; 139:23-24; Matt. 26:41; James 4:7; 2 Pet.2:9
THANKFUL	Psalm 100; 1 Thess. 5:18; Hebrews 13:15
TRAVELING	Psalm 121
TROUBLED	Psalm 16; Psalm 31; John 14:1-4; Hebrews 7:25
WEARY	Psalm 90; Matt. 11:28-30; 1 Cor.15:58; Gal.6:9-10
WORRIED	Matthew 6:19-34; 1 Peter 5:6-7

PRAYER JOURNALIZING: One of the best ways to heal is a **DAILY PRAYER JOURNAL**. They are writing your prayers instead of saying them. Writing gives less time for our minds to wander. It allows the Holy Spirit to minister more deeply. Writing puts our thoughts on paper and helps **RELEASE** them to God. We encourage you to spend 5 – 10 minutes doing a **DAILY PRAYER JOURNAL**.

- i) Sit down with a pen, paper, and Bible. Start by saying this prayer EACH TIME:**
Father, I come to You through the blood of Your Son, Jesus Christ. Jesus, thank You for dying for me and that I am God's child. Forgive me for (confess your sins). Now, come and fill me with Your Holy Spirit. Father, I pray that nothing would disturb this time I have with You. Father, would You quiet all demonic activity here in the name of Jesus Christ. Thank You Father. Now give me the power to write what YOU put on my heart. Fill me with YOU. You are so gentle, loving, and want nothing but the best for me. I love You, Father God. In Jesus' Name I pray.
- ii) Wait on God (absorb Him) and allow Him to fill your heart with what to write.**
- iii) Allow God to bring up whatever HE wants. Remember, He is gentle.**
- iv) When you sense God's leading, begin to write from your heart.**
- v) Don't overwrite. Do what you feel you can do. Get to know yourself.**
- vi) When you finish, put your paper in a safe place OR throw it away.**
- vii) Finally, do something "POSITIVE". Rejoice, sing a joyful song, go for a walk, phone a caring friend, minister to someone, etc.**

FOR INFO/TRAINING/RESOURCES/DISCIPLESHIP CONTACT:

Freedom In Christ Ministries (Canada)

Email: freedominchrist@sasktel.net Website: www.ficm.ca

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**“It is for freedom that Christ has set us free;
Therefore, keep standing firm
and do not be subject again to a yoke of slavery.” (Galatians 5:1)**

FOR RESOURCES SEE:

www.altogetherlovely.org/healing

www.altogetherlovely.org