

## THE TWELVE STEPS & SCRIPTURES

- 1. We admitted we were powerless over our addictions, dysfunctions and compulsive behaviors.** That our lives had become unmanageable. *I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. (Romans 7:18)*
- 2. Came to believe that a power greater than ourselves could restore us to sanity.** *For it is God who works in you to will and to act according to his good purpose. (Philippians .2:13)*
- 3. Made a decision to turn our will and our lives over to the care of God.** *Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God--this is your spiritual act of worship. (Romans 12:1)*
- 4. Made a searching and fearless moral inventory of ourselves.** *Let us examine our ways and test them, and let us return to the LORD. (Lamentations 3:40)*
- 5. Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs.** *Therefore confess your sins to each other and pray for each other so that you may be healed. (Jam. 5:16)*
- 6. Were entirely ready to have God remove all these defects of character.** *Humble yourselves before the Lord, and he will lift you up. (James 4:10)*
- 7. Humbly asked Him to remove all our shortcomings.** *If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness (1 John 1:9)*
- 8. Made a list of all persons we had harmed and became willing to make amends to them all.** *Do to others as you would have them do to you. (Luke 6:31)*
- 9. Made direct amends to such people whenever possible, except when to do so would injure them or others.** *Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. (Matthew 5:23-24)*

**10. Continued to take personal inventory and when we were wrong, promptly admitted it.** *So if you think you are standing firm, be careful that you don't fall! (1 Cor.10:12)*

**11. Sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out.** *Let the Word of Christ dwell in you richly. (Colossians 3:16a)*

**12. Having had a spiritual experience as the result of these steps, we tried to carry this message to others, and practice these principles in all our affairs.** *Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. (Galatians 6:1)*

### THE SERENITY PRAYER

God grant me the serenity to accept the things I cannot change; courage to change the things I can; & wisdom to know the difference. Living one day at a time; enjoying one moment at a time; accepting hardships as the pathway to peace; taking, as He did, this sinful world as it is, not as I would have it; trusting that He will make all things right if I surrender to His Will; that I may be reasonably happy in this life and supremely happy with Him forever in the next. In Jesus' Name I pray. Amen. —Reinhold Niebuhr

**To become a Child of God, pray the following prayer (from the heart):**  
"Lord Jesus, I agree with Your Word and know I am a sinner and have displeased You in many ways. I believe You died for my sin, and only through faith in Your shed blood on the cross can I be forgiven. I also know that only through faith in Your resurrection can I have eternal life in You. I repent and turn from my sin and ask You to come into my heart and life as my Savior and Lord. From this day on, I will follow You by living a life that pleases You through the Power of Your Holy Spirit. Jesus fill me with Your Holy Spirit in my spirit, mind, will, emotions, and body. Thank you, Lord Jesus, for saving me and filling me with Your Holy Spirit. You are so good!! Thank You that You will keep me FOREVER!! In Jesus' Name I pray. **Jesus Loves you – Jesus now lives in your heart - Jesus will never leave you or forsake you – you can talk with Jesus thru Bible reading & prayer!!**